



**QUÉBEC
SNOWBOARD**

RACE NOTICE

Coupe Quebec / FIS PSL Val Saint-Côme Saturday and Sunday February 19 / 20, 2022

COMPETITION SCHEDULE COUPE QUEBEC / FIS

Race office will be located in LE BISTRO at [Auberge Val Saint-Côme](#) (200 Rue de l'Auberge, Saint-Côme, QC J0K 2B0).

Race office will be accessible by the back of the Auberge. Please do not use the main entrance and go directly to the race office following the signage that will be in place.

PARKING AT AUBERGE VAL SAINT-CÔME: Coaches and parents will not be able to park all day at Auberge Val Saint-Côme. As places are limited, we ask that you come register your athletes and then go to the main parking lot.

The PSL course will be located in [Audacieuse \(#14\) on the west side of the mountain \(versant des milles pieds\)](#).

Friday February 18, 2022

16h00 - 16h30	Race office open - Race office
17h00	TC Meeting FIS PSL Saturday February 19 -Virtual meeting

Saturday February 19, 2022

8h00-9h00	Coupe Quebec bib pickup - Race office
9h15-9h50	Coupe Québec / FIS course inspection
10h00-10h30	Qualifications FIS PSL
11h00-11h30	Qualifications Coupe Québec PSL

13h00 **Finals FIS PSL (single run elimination)**
14h00 **Finals Coupe Quebec (single run elimination)**
17h00 TC Meeting FIS PSL Sunday February 20 - Virtual meeting

Sunday February 20, 2022

8h00-9h00 Coupe Quebec bib pickup - Race office
9h15-9h50 Coupe Québec / FIS course inspection
10h00-10h30 Qualifications FIS PSL
11h00-11h30 Qualifications Coupe Quebec PSL
13h00 **Finals FIS PSL (single run elimination)**
14h00 **Finals Coupe Québec (single run elimination)**

TC MEETING AND COACHES

All TC meetings will be virtual.

In order to receive connection links for TC meetings and get the discounted lift ticket, all coaches must register 48 hours prior to the start of the competition. To register online : [CLICK HERE](#)

REGISTRATION

All registration FIS and COUPE QUEBEC must be completed 48 hours prior to the start of the event (**Thursday February 17, 2022**). **There will be no on site registration.**

To register online : [CLICK HERE](#)

International athletes registration: In order to confirm your registration, the Event Organizers need to receive a written confirmation from your National Snowboard Association confirming that you are in good standing, prior to your arrival at the event. The confirmation letter can be submitted by email to: evenements@quebecsnowboard.ca.

REGISTRATION

- *Coupe Quebec (1 day) : 45\$ + taxes*
- *Coupe Quebec (2 days) : 90\$ + taxes*
- *FIS (1 day) : 70\$ + taxes*
- *FIS (2 days) : 140\$ + taxes*

PROVINCIAL AFFILIATION

Competitors must have a valid provincial or territorial snowboard association membership before registering to the event. Competitors racing in the FIS event must have a valid FIS license. To purchase your membership from Quebec Snowboard : [CLICK HERE](#)

REFUND POLICY

Competitors must have a valid provincial or territorial snowboard association membership before registering to the event. Competitors racing in the FIS event must have a valid FIS license. To purchase your membership from Quebec Snowboard : [CLICK HERE](#)

RULES AND REGULATIONS

Certified helmets are mandatory for all training and competitions. Competitions are run in accordance with the FIS and NORAM rules. Detailed rules are available here: www.quebecsnowboard.ca

AGE CATEGORY COUPE QUEBEC (31/12/2021)

11 and under
12-14
15-19
OPEN

LIFT TICKET

Athlete: Each athlete must purchase a valid lift ticket for each competition day. It will be possible to buy your lift ticket at the race office.

Coaches: Each coach must purchase a valid lift ticket for each competition day. Coaches will pay the same price as athletes and must register online before buying tickets.

COVID MEASURES

To help us deliver safe events that meet the health standards issued by government authorities, please read carefully and respect the measures below that will be in effect in all 2021-2022 events with Quebec Snowboard:

- [Vaccination passport](#) (or vaccination proof for athletes coming from outside Quebec) must be presented for all 13 years old and older people who will have access to the controlled environment (inside and outside)

- A verbal validation of your health status will be done verbally each morning (athletes, coaches, officials, volunteers). IF YOU HAVE SYMPTOMS, STAY HOME AND ADVISE US.
- No spectators gathering or any social activity is permitted
- Each athlete 12 years old and under may be accompanied by one (1) parent / tutor. Gathering around the finish area is prohibited for everyone.
- When you arrive at the race office, we ask for your cooperation in order to limit the number of people inside.
- Physical distance of 1m and the wearing of mask will be required during your visit at the race office
- You must register 48 hours prior to the event, there will be no on site registration
- You will receive an email communication 48 hours before the start of the event to inform you of the latest details and health measures specific to the event, please read it carefully.
- Visit the [COVID-19 page of the Association Quebec Snowboard](#) to learn more about all the measures in force. The [Plan de relance - hiver 2022](#) is also available (french only) and contains lots of useful information.
- Sanitary measures will be put in place in each station visited, please read them and respect them.
- For athletes arriving from outside Quebec, health measures in force in Quebec apply. For more information, you can consult the [Canada Snowboard vaccination policy](#).

In case of symptoms or questions related to COVID-19 please contact:

- Catherine Goulet-Paradis at evenements@quebecsnowboard.ca ou or 514-621-4600
- William Tanguay at william.tanguay@quebecsnowboard.ca or 581-999-9083

You can also contact : 1-877-644-4545.

Québec 